

# 1 Dynamics of the intertropical convergence zone over 2 the western Pacific during the Little Ice Age

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8 **Precipitation in low latitudes is primarily controlled by the position of the intertropical**  
9 **convergence zone, which migrates from south to north seasonally. The Little Ice Age (defined as**  
10 **AD 1400-1850) was associated with low solar irradiance and high atmospheric aerosol**  
11 **concentrations as a result of several large volcanic eruptions. The mean position of the**  
12 **intertropical convergence zone over the western Pacific has been proposed to have shifted**  
13 **southwards during this interval, which would lead to relatively dry Little Ice Age conditions in**  
14 **the northern extent of the intertropical convergence zone and wet conditions around its southern**  
15 **limit. However, here we present a synthesis of palaeo-hydrology records from the**  
16 **Asian-Australian monsoon area that documents a rainfall distribution that distinctly violates the**  
17 **expected pattern. Our synthesis instead documents a synchronous retreat of the East Asian**  
18 **Summer Monsoon and the Australian Summer Monsoon into the tropics during the Little Ice**  
19 **Age, a pattern supported by the results of our climate model simulation of tropical precipitation**  
20 **over the past millennium. We suggest that this pattern over the western Pacific is best explained**  
21 **by a contraction in the latitudinal range over which the intertropical convergence zone seasonally**  
22 **migrates during the Little Ice Age. We therefore propose that rather than a strict north-south**  
23 **migration, the intertropical convergence zone in this region may instead expand and contract**  
24 **over decadal to centennial timescales in response to external forcing.**

25  
26 Tropical rainfall varies in association with the seasonal migrations of the  
27 circum-global intertropical convergence zone (ITCZ) and the closely related  
28 monsoonal land-sea coupled systems. On millennial to orbital timescales, both  
29 paleoclimate proxy research and climate modelling have suggested that the  
30 precipitation in the tropical and subtropical monsoon areas varies in parallel with  
31 latitudinal migration of the ITCZ, being characterized by opposing variations in the  
32 two hemispheres<sup>1-5</sup>. With southward migration of the ITCZ, the precipitation in  
33 Northern Hemisphere summer monsoon area decreases while the precipitation in the  
34 Southern Hemisphere summer monsoon area increases; and vice versa. Climate  
35 models suggest that the millennial to orbital timescales migration of the mean annual  
36 position of the ITCZ is related to changes in Northern Hemisphere high-latitude  
37 climate, the Atlantic meridional overturning circulation and the asymmetrical  
38 insolation input between hemispheres<sup>1-4,9</sup>. A southward migration of the ITCZ occurs

39 when the North Atlantic region is relatively cold due to enhanced high-latitude ice  
40 cover and a slowdown of the Atlantic meridional overturning circulation<sup>1-3</sup>.  
41 Conversely, a northward migration of the ITCZ mean position is usually driven by the  
42 increased Northern Hemisphere insolation input relative to the Southern  
43 Hemisphere<sup>2,4,9</sup>.

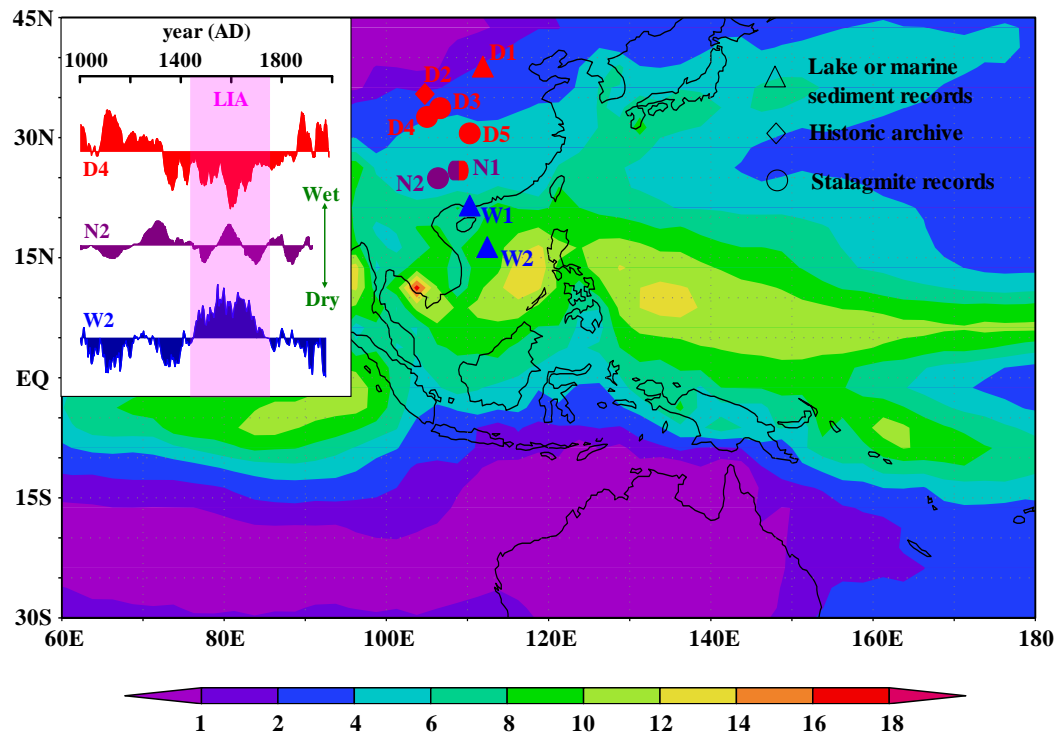
44 The dynamical variation of the ITCZ rainbelt has also been considered the main  
45 factor for centennial timescale hydrologic changes in tropical areas over the last  
46 millennium<sup>6,7</sup>. A large body of paleo-proxy evidence suggests that during the  
47 relatively cold Little Ice Age period (LIA, ~AD 1400-1850), regions located at the  
48 northern limit of the ITCZ rainbelt, including the pan-Caribbean region<sup>9,10</sup>, became  
49 drier relative to both the warm Medieval Climate Anomaly period (MCA, ~ AD  
50 800-1300) and the most recent 150 years, pointing to a possible southward shift of the  
51 ITCZ<sup>6,7</sup>. Meanwhile, some hydrological records from the southern boundary of the  
52 ITCZ that reflect a wetter LIA are also evidence in supported of southward migration  
53 of the ITCZ mean position<sup>6,11,12</sup>.

54 Although a similar/parallel southward migration of ITCZ has been described  
55 during the LIA in open ocean areas of the Pacific<sup>7</sup>, the pattern of change for the west  
56 Pacific marine- continental ITCZ remains less well established<sup>8</sup>. In this study, we  
57 synthesized high-resolution paleo-hydrology records from the East Asian-Australian  
58 summer monsoon regions during the past millennium to test the variation pattern of  
59 the west Pacific ITCZ. Surprisingly, we found that the west Pacific region has yielded  
60 a precipitation distribution pattern in contradiction of what would normally be  
61 predicted from the southward shift of the ITCZ mean position during the LIA. Instead  
62 of the expected pattern, both the EASM and the ASM retreated synchronously during  
63 the LIA and the core precipitation zones converged more narrowly within the tropics.

#### 64 **Paleo-hydrology records from the EASM area**

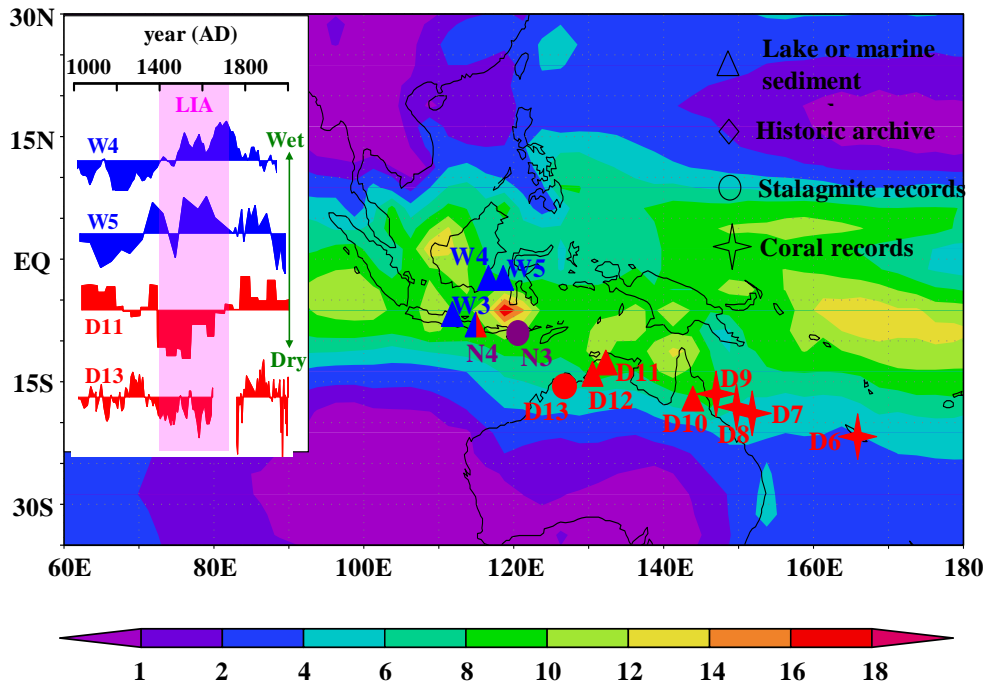
65 Many studies, including those utilizing speleothem records<sup>2,13-16</sup>, lake sediment  
66 records<sup>8,17-19</sup> and historical documentary records<sup>20</sup>, have focused on describing the  
67 hydrological changes in EASM area over the last millennium, with the results  
68 showing obvious regional differences (Fig. 1, Fig. s1 and s2). The paleo-hydrology  
69 records from the northern limit of the EASM, including a lake sediment record (D1)<sup>18</sup>,  
70 a historical archive record (D2)<sup>20</sup> and two stalagmite records (D3 and D4)<sup>13,14</sup>, show  
71 similar variations over the last millennium and indicate that this region was hard hit  
72 by droughts during LIA relative to MCA and the last 150 years (Fig.1, Fig. 3 and Fig.  
73 s1). Conversely, lake sediment records from the southern coast of China (W2 in Fig.1  
74 and Fig. s2)<sup>17,19</sup> and the northern South China Sea (W3 in Fig.1 and Fig. s2)<sup>8</sup> display a  
75 clear wet condition during the LIA relative to the MCA and the last 150 years. At the  
76 same time, the hydrological records located between these two regions reveal a  
77 gradual transition from dry to wet. The speleothem record (D5 in Fig.1 and Fig. s1)<sup>15</sup>  
78 from central China reveals a moderate drought during the LIA while similar records  
79 (N1 and N2 in Fig.1 and Fig. s2)<sup>2,16</sup> from southwest China, located near the

80 transitional zone, show no significant difference between the LIA and the MCA. The  
 81 spatial differences from north to south across China point to a probable retreat of the  
 82 EASM during the LIA. This retreat led to reduced northward transport of monsoon  
 83 moisture, a contracted core zone of precipitation, a relatively dry condition near the  
 84 modern northern limit of the EASM and more precipitation in southern China during  
 85 the LIA.



86

87 **Figure 1** Pattern of rainfall within the EASM region during LIA. The background contours  
 88 show summer mean precipitation (from June to October, mm/day) in the EASM area as  
 89 derived from NCEP reanalysis2 from January 1979 to December 2010. Locations of  
 90 proxy-hydrology records in the EASM area are indicated: D1<sup>18</sup>, D2<sup>20</sup>, D3<sup>13</sup>, D4<sup>14</sup>, D5<sup>15</sup>, N1<sup>2</sup>,  
 91 N2<sup>16</sup>, W1<sup>17,19</sup> and W2<sup>8</sup>. Locations that were dry, without apparent change and wet during the  
 92 LIA relative to the MCA/recent 150 years are marked in red, purple and blue, respectively.  
 93 The three hydrologic conditions are objectively defined by the Relative Wet Index and t-test  
 94 (see method for details).



95

96 **Figure 2** Pattern of rainfall within the ASM region during LIA. The background contours  
 97 show summer mean precipitation (from December to February, mm/day) in the ASM area  
 98 derived from NCEP reanalysis2 from January 1979 to December 2010. Locations of  
 99 proxy-hydrology records in the ASM area are also indicated: D6<sup>25,26</sup>, D7<sup>27</sup>, D8<sup>24</sup>, D9<sup>23</sup>,  
 100 D10<sup>28,29</sup>, D11<sup>21</sup>, D12<sup>21</sup>, D13<sup>22</sup>, N3<sup>31</sup>, N4<sup>32</sup>, W3<sup>30</sup>, W4<sup>11</sup> and W5<sup>6,12</sup>. Locations that were dry,  
 101 without apparent change and wet during the LIA relative to the MCA/recent 150 years are  
 102 marked in red, purple and blue, respectively.

103

#### 104 **Paleo-hydrology records from the ASM area**

105 Hydrological variations in the ASM area over the last millennium are less well  
 106 established than those in the EASM area, but the retreat of the ASM during the LIA is  
 107 still evident (Fig. 2, Fig s3, s4 and s5). The 1000-year long fluvial sedimentary  
 108 records from the floodplain of Daly River (D11 in Fig.2)<sup>21</sup> and the Magela Creek  
 109 Flood Plain (D12 in Fig. 2 and Fig. s3)<sup>21</sup> in the ‘Top End’ area of the Australia suggest  
 110 a reduced river discharge and dry conditions in this region during the LIA. Meanwhile,  
 111 a nearby speleothem record provides further confirmation of dry conditions in tropical  
 112 northwestern Australia during AD 1400-1700 (D13 in Fig. 2 and Fig. s3)<sup>22</sup>. The more  
 113 positive stalagmite  $\delta^{18}\text{O}$  during the LIA relative to the MCA and the recent 150 years  
 114 has been interpreted as indicating less precipitation in this region<sup>22</sup>.

115 The multi-proxy records from northeastern Australia also indicate dry conditions  
 116 during the LIA (Fig. s3 and Fig. s4). The northeast tropical Queensland river flow and  
 117 rainfall reconstruction derived from Great Barrier Reef coral luminescence studies  
 118 (D9)<sup>23</sup> clearly show less precipitation during the LIA than during the 20<sup>th</sup> century.  
 119 Meanwhile, all three seawater  $\delta^{18}\text{O}$  records derived from coral  $\delta^{18}\text{O}$  and Sr/Ca in  
 120 Great Barrier Reef (D8)<sup>24</sup>, New Caledonia (D6)<sup>25,26</sup> and Flinders Reef (D7)<sup>27</sup> exhibit

121 more positive values (consistent with dry conditions) during the LIA compared to the  
122 20<sup>th</sup> century. The dry LIA in northeastern tropical Australia has recently been further  
123 confirmed by two new peat humification records from Queensland (D10 in Fig. 2 and  
124 Fig. s3), which document clearly that dry conditions prevailed during the LIA<sup>28,29</sup>.  
125 These records, together with the fluvial sedimentary and speleothem records from  
126 tropical western Australia, indicate that dry conditions probably covered the whole  
127 tropical Australian continent during the LIA.

128 In contrast to the drier conditions in northern Australia, several paleo-hydrology  
129 records from the Indo-Pacific Warm Pool region, including the organic matter  $\delta^{13}\text{C}$   
130 record of lake sediment from Java (W3)<sup>30</sup>, a leaf wax  $\delta\text{D}$  record from Makassar  
131 Strait (W4)<sup>11</sup> and the sea surface salinity record derived from  $\delta^{18}\text{O}$  and Mg/Ca of  
132 planktonic foraminifera from Makassar Strait (W5)<sup>6,12</sup>, consistently suggest more  
133 precipitation and wetter conditions during the LIA than that during the MCA/last 150  
134 years (Fig. 2 and Fig. s5). However, some hydrological records from southern  
135 Indonesia, located between the Warm-pool and northern Australia, show no clear dry  
136 or wet conditions during the LIA<sup>31-34</sup>. For example, the stalagmite  $\delta^{18}\text{O}$  record from  
137 southern Indonesia shows no apparent difference between the LIA and the MCA or  
138 most recent 150 years (N3 in Fig. 2 and Fig. s5)<sup>31</sup>, while the  $\delta\text{D}$  of terrestrial plant  
139 wax indicates that rainfall has steadily increased in East Java over the last millennium  
140 (N4)<sup>32</sup>.

141 The general pattern of increased precipitation (LIA relative to MCA/recent 150  
142 years) from the northern Australia to Indo-Pacific warm pool area is similar to that  
143 observed in the EASM area, and also consistent with a weakened ASM during the  
144 LIA.

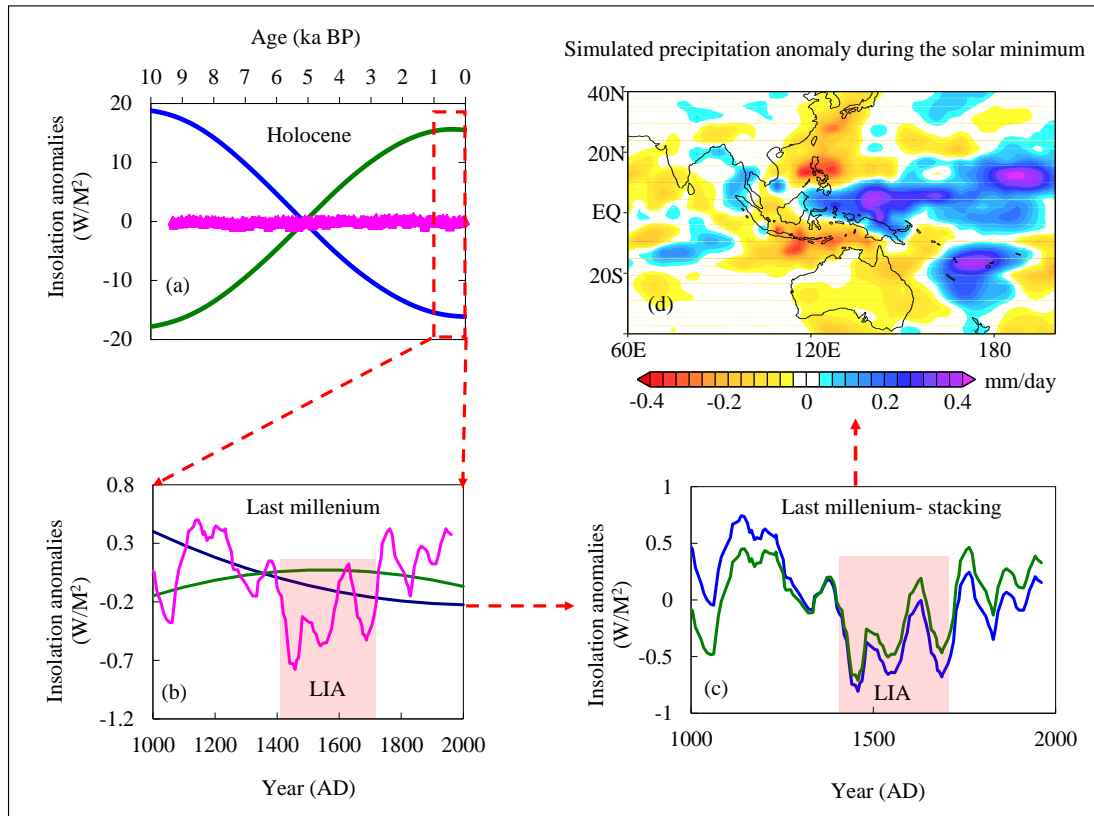
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## 146 **Empirical Explanation and Climate Modelling**

147 The observed dry condition in the northern Australia monsoon area during the LIA  
148 argues against the established southward ITCZ migration hypothesis in the west  
149 Pacific region. It follows that the ITCZ migration theory, which was mainly proposed  
150 to explain millennial to orbital scale tropical hydrological changes<sup>1-4,9</sup>, does not  
151 explain the documented decadal to centennial scale hydrological variations that  
152 occurred over the western Pacific region during the last millennium. Instead, we  
153 propose the alternative and more physically plausible hypothesis that a contraction of  
154 the ITCZ/monsoon zones during the LIA within the western Pacific, accompanied by  
155 a synchronized retreat of both the EASM and the ASM (Fig. s6 and Fig. s7).

156 Meanwhile, although the driving force of ITCZ migration on millennial to orbital  
157 timescale has been well described<sup>1-4,9</sup>, the mechanism of the ITCZ dynamics on a  
158 decadal-centennial scale (e.g. the southward migration proposed for LIA<sup>7</sup>) remains  
159 unclear<sup>7,8,35</sup>. For example, a 5° southward ITCZ shift during LIA was proposed by one  
160 previous study<sup>7</sup>, but the possible forcing factors for ITCZ migration, such as the  
161 freshwater forcing initiated around the North Atlantic Ocean and orbitally-driven

162 asymmetrical insolation input between hemispheres (Fig. 3b, 3c), did not show  
 163 marked changes during the LIA. In addition, a recent constraint suggests that a 5°  
 164 southward shift would implicate a large cross-equatorial atmospheric heat transport of  
 165 1.7 PW and an inter-hemispheric tropical SST gradient (i.e., 0-20°N minus 0-20°S) of  
 166 1.5 to 3.7 K, yet neither of which has been detected<sup>35</sup>.



167

168 **Figure 3 Forcing and modeling results.** Solar forcing representing the solar output (pink)<sup>37,38</sup>  
 169 and orbital parameters (blue and green lines are the July and January insolation at 23.5°N  
 170 and 23.5°S, respectively)<sup>36</sup> during the Holocene (a, orbital changes dominating) and past  
 171 millennium (b, solar output dominating). (c): total solar forcing of the 23.5°N (blue) and the  
 172 23.5°S (green) has been calculated by adding up the changes of the solar output and orbital  
 173 parameters. (d): The simulated annual mean precipitation anomaly during the late solar  
 174 Maunder minimum phase (AD 1690-1740) of the LIA with reference to the long-term mean  
 175 (AD 1000-1800) in a MPI-ESM last millennial simulation<sup>42</sup>.

176 Solar insolation on the earth depends not only on the orbital parameters<sup>36</sup> but also  
 177 on the direct irradiance variations of the sun<sup>37</sup>. The precessional cycles of the  
 178 equinoxes of Earth-Sun orbit have been demonstrated to be the most important orbital  
 179 parameters that are linked with tropical hydrological changes. The precessional  
 180 forcing has a non-linear impact on the insolation budget and usually produces  
 181 opposite insolation variations, and anti-symmetric forcing, between the Northern and  
 182 Southern Hemisphere (Fig. 3)<sup>36</sup>, and thus changes the mean position of the global  
 183 ITCZ through the inter-hemispheric insolation and thermal gradients that are  
 184 established. In contrast to the precessional forcing, the intrinsic changes of solar

185 irradiance are symmetrical and hence produce a synchronized forcing on both  
186 hemispheres<sup>37</sup>. On the orbital timescale, the amplitude of insolation change caused by  
187 fluctuations of the orbital precessional cycle is much larger than that induced by  
188 variations in solar output (Fig. 3a)<sup>36,38</sup>. For this reason, the ITCZ is expected to  
189 migrate north-south in phase with the changing inter-hemispheric insolation gradients.  
190 However, this situation reversed over the last millennium, during which period the  
191 insolation variation caused by orbital change became much smaller than that caused  
192 by fluctuations in direct solar irradiance (Fig. 3b and Fig. s8)<sup>36,37</sup>. The small  
193 variability of asymmetrical orbital insolation forcing during the last millennium seems  
194 too inadequate to cause large meridional migration of the ITCZ mean position during  
195 the LIA.

196 When adding the changes from both orbital parameters and solar irradiance, we  
197 have found that the insolation in the Northern and Southern Hemispheres shows a  
198 similar variation pattern over the last millennium, with a decreased insolation during  
199 the LIA relative to the MCA/ last 150 year intervals (Fig. 3c and Fig. s8). Such  
200 hemispherically symmetric forcing from intrinsic solar irradiance probably  
201 contributed to the synchronized retreats of both the EASM and the ASM during the  
202 LIA. On the other hand, large volcanic eruptions (i.e., especially frequent and  
203 persistent volcanic activity around the tropical western Pacific region<sup>39</sup>), may also  
204 yield symmetrical forcing between two hemispheres and could therefore also help to  
205 drive contractions of the monsoon/ITCZ belts. For example, some strong volcanic  
206 eruptions have been detected during the LIA (i.e., coinciding with the Maunder  
207 Minimum and Dalton Minimum)<sup>39,40</sup>.

208 Our proposal of a contracted monsoon-ITCZ in the Western Pacific region is also  
209 supported by published investigations of global monsoon precipitation in response to  
210 natural and anthropogenic forcings in the last millennium, based upon simulations  
211 with the coupled ocean-atmosphere model ECHO-G<sup>40</sup>. The simulated results suggest a  
212 symmetrical decrease in monsoon precipitation in both hemispheres during the LIA  
213 (see ref<sup>40</sup> for details) with the three weakest periods around 1460, 1685, and 1800  
214 (which respectively correspond to the deepest parts of the Spörer Minimum, Maunder  
215 Minimum, and Dalton Minimum intervals of reduced irradiance)<sup>40</sup>, while the global  
216 monsoon strengthened nearly everywhere in the continental monsoon regions during  
217 the modeled MCA interval<sup>40</sup>. In addition, the simulated precipitation increases in  
218 tropical Indonesia and rainfall decreases in northern Australia during the solar minima  
219 were also demonstrated in a recent idealized solar sensitivity experiment using the  
220 coupled climate model CCSM3<sup>41</sup>.

221 In order to analyze the impact of solar activity on tropical precipitation over the  
222 last millennium independently, we have also deployed the Coupled Model  
223 Intercomparison Project Phase 5 (CMIP5) style model from the Max Planck Institute  
224 Earth System Model (MPI-ESM) millennium simulation (see supplementary materials  
225 for details), using only solar variability as external forcing<sup>42</sup>. The model results (Fig.  
226 3d), which show decreased precipitation in west Pacific subtropical monsoon area of  
227 both hemispheres and more rainfall in equatorial area during the periods of low solar

228 activity, offer hints in support our proposal of a contracted monsoon/ITCZ in west  
229 Pacific during the LIA (Fig. 3d and Fig. s9).

230 The simulated reduced global monsoon precipitation during the LIA was  
231 primarily attributed to reduced solar irradiance by Liu et al (2009). Our own  
232 simulation independently confirmed this result (Fig. s9). Changes in the total amount  
233 of effective shortwave radiative forcing (i.e., including short-term pulses of forcing  
234 from globally influential volcanic eruptions) can reinforce the thermal contrast  
235 between the continent and ocean (Table 3 in ref<sup>40</sup>), thereby resulting in the centennial  
236 scale variations in the global monsoon strength<sup>40</sup>. Land has a much smaller heat  
237 capacity than ocean. When the effective radiative flux increases during the local  
238 summer, the land warming is much stronger than the warming of adjacent ocean and  
239 thus the thermal contrast between continent and ocean gets reinforced<sup>40</sup>. This  
240 increased thermal contrast further enhances the pressure differences between land  
241 monsoon regions and the surrounding oceans (Table 3 in ref<sup>40</sup>) and therefore  
242 strengthens the monsoon circulation and its associated rainfall<sup>40</sup>. A decrease in  
243 irradiance during the LIA, plus the unique land-sea distribution in the west Pacific  
244 region, would thus produce the decreased seasonal extremes of the monsoon moisture  
245 transport and the consequent contraction of the west Pacific monsoon/ITCZ.

246 It is worth noting that the model results also implied an increased zonal  
247 precipitation contrast between east and west tropical Pacific during the LIA (Fig. s9  
248 and ref<sup>40</sup>), which would probably manifest itself as an enhanced Pacific Walker  
249 circulation. Although some temperature reconstructions proposed an El Nino-like SST  
250 pattern in tropical Pacific during the LIA<sup>43,44</sup>, the hydrological studies, based upon  
251 either proxy records<sup>8,11,12,45</sup> or model simulations<sup>46</sup>, present a clear strengthening of  
252 Pacific Walker circulation during the LIA, which should result in more precipitation  
253 in the Indo-Pacific warm-fresh pool region (see SI for further discussion). That is to  
254 say, the scenario of a contracted western Pacific monsoon/ITCZ and an enhanced  
255 Pacific Walker circulation probably co-existed during the LIA interval, with both  
256 mechanisms contributing extra precipitation to the warm pool region.

257 Our main findings highlight the difficulty of applying the conventional  
258 interpretation of ITCZ migration to explain the hydrological changes in the East  
259 Asian-Australian monsoon area that are known to have occurred during the last  
260 millennium. It remains the case, however, that the detailed position of the west Pacific  
261 monsoon/ITCZ during the LIA, the range of the ITCZ-monsoonal meridional  
262 contraction (locally or globally) and the mechanism of the contractions that have  
263 occurred are still not fully understood. Developing an enhanced understanding of this  
264 topic requires the collection of additional high-resolution paleo-hydrology proxy data,  
265 and the application of insightful and focused climate modeling studies.

266



## 267 **Methods**

### 268 **Definition of the MCA and LIA**

269 To investigate the hydrologic changes between the MCA and the LIA, we have defined these terms as  
270 represented by distinct three-century-long intervals. The medieval interval, which is usually defined  
271 from AD 800 to 1300 in previous studies<sup>47</sup>, has here been defined from AD 1000 to 1300 because we  
272 mainly focused on the past millennium. Correspondingly, a three-century-long LIA has been defined  
273 from AD 1400 to 1700 based on the minimum of the solar activity<sup>37</sup>. The Welch's t-test result suggested  
274 a significant difference in solar irradiance forcing between AD 1400-1700 and AD 1000-1300.

275

### 276 **Dry/wet conditions between LIA and MCA/recent 150 years**

277 Proxy records from the Asia- western Pacific- Australia monsoon areas were selected to investigate the  
278 hydrological changes between the LIA and the MCA/recent 150 years based on three main criteria.  
279 First, the temporal resolution of the data is better than 50 years and sufficient to distinguish among the  
280 MCA- LIA- recent 150 years intervals. Second, the dating error of the record is less than 100 years.  
281 Third, the proxy record has been used to reflect precipitation/humidity/monsoon variation in the  
282 original reference. Both the Relative Wet Index (RWI) and t-test were used to define and compare the  
283 dry/wet conditions between the LIA and the MCA/recent 150 years. The RWI and t-test were  
284 performed as following:

285 RWI: The RWI between the LIA and the MCA for each proxy record was defined by calculating the  
286  $RWI = (\text{mean value during the LIA} - \text{mean value during the MCA}) / \text{the standard deviation}$ . This  
287 method is also used to calculate the RWI between the LIA and the most recent 150 years. The time  
288 spans of the four coral records were too short to calculate the RWI between the LIA and the MCA.  
289 Thus we only calculated the RWI between the LIA and the most recent 150 years, the RWI being  
290 modified as  $RWI = (\text{mean value before AD 1850} - \text{mean value after AD 1850}) / \text{the standard deviation}$ .  
291 Before the calculation, the resolution of each proxy record was adjusted to one year using linear  
292 interpolation. The calculated RWI values are given in Table s1.

293 t-test: The significance of the difference between the LIA and the MCA/recent 150 years for each  
294 hydrological series was evaluated by applying an unpaired Welch's t-test, which does not require equal  
295 variance. Before the calculation, the effective sample size of the t-test was adjusted following the  
296 method in Trenberth (1984)<sup>48</sup> and Bretherton et al (1999)<sup>49</sup> (see the next section, Correlation analysis,  
297 for details). The calculated p values are displayed in Table s1. A p value less than 0.05 is considered  
298 statistically significant. As seen in Table s1, among the significant differences ( $p < 0.05$ ), only two p  
299 values are about 0.02 and the rest are  $< 0.01$ . Thus, our results are statistically of high significance.

300 If the RWI between the LIA and the MCA is greater than 50% and the p value of the t-test is less than  
301 0.05, a wet LIA relative to the MCA is defined. If the RWI between the LIA and the MCA is less than -  
302 50% and the p value of the t-test is less than 0.05, then a dry LIA relative to the MCA is defined. If the  
303 p value of the t-test is more than 0.05 or the RWI between the LIA and the MCA is between - 50% and  
304 50%, no apparent precipitation change is defined between the LIA and the MCA. This method was also  
305 used to define the dry/wet conditions between the LIA and the recent 150 years. Locations that were  
306 dry, had no apparent change or were wet during the LIA relative to the MCA/recent 150 years are  
307 coloured red, purple and blue in all map figures, respectively. If the dry/wet condition between the LIA  
308 and the MCA is different from the dry/wet condition between the LIA and the most recent 150 years,  
309 then a combined colour is used. For example, the record N1 has a no apparent change during the LIA  
310 relative to the MCA and a dry LIA relative to the most recent 150 years. Thus N1's label has purple left  
311 and red right.

## 312 Correlation analysis

313 For two time series, X and Y, Pearson correlation coefficient  $r_{xy}$  was calculated as

$$314 \quad r_{xy} = \frac{\sum_{i=1}^n (x_i - \bar{x})(y_i - \bar{y})}{(n-1)s_x s_y}$$

315 Where n is the sample number,  $\bar{x}$  and  $\bar{y}$  are the sample means of X and Y, and  $S_x$  and  $S_y$  are the  
316 sample standard deviation of X and Y. For two time series (X and Y) with smoothing, we have to  
317 consider and adjust the autocorrelation in X and Y by using effective sample size or effective number  
318 of independence values. Following Trenberth (1984)<sup>48</sup> and Bretherton et al (1999)<sup>49</sup>, we first calculated  
319  $\tau$ , the time between independent values (or the time to obtain a new degree of freedom) according to  
320 the following equation<sup>50</sup>:

$$321 \quad \tau = 1 + 2 \sum_{l=1}^{(n-1)} r_{xl} r_{yl}$$

322 Where  $r_{xl}$  and  $r_{yl}$  are the autocorrelation at lag l for X and Y. The effective number of independence  
323 values was calculated as  $n_{eff} = n / \tau$ , and the student t-value for assessing significance was calculated  
324 as

$$325 \quad t = \frac{r_{xy} \sqrt{n_{eff} - 2}}{\sqrt{(1 - r_{xy}^2)}}$$

## 326 Competing financial interests

327 The authors declare no competing financial interests

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