

1 Dynamics of the intertropical convergence zone over 2 the western Pacific during the Little Ice Age

3 Hong Yan ^{1,2*}, Wei Wei ³, Willie Soon ⁴, Zhisheng An ^{1,2}, Weijan Zhou ^{1,2},
4 Zhonghui Liu ⁵, Yuhang Wang ¹, and Robert M. Carter ⁶

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8 **Precipitation in low latitudes is primarily controlled by the position of the intertropical**
9 **convergence zone, which migrates from south to north seasonally. The Little Ice Age (defined as**
10 **AD 1400-1850) was associated with low solar irradiance and high atmospheric aerosol**
11 **concentrations as a result of several large volcanic eruptions. The mean position of the**
12 **intertropical convergence zone over the western Pacific has been proposed to have shifted**
13 **southwards during this interval, which would lead to relatively dry Little Ice Age conditions in**
14 **the northern extent of the intertropical convergence zone and wet conditions around its southern**
15 **limit. However, here we present a synthesis of palaeo-hydrology records from the**
16 **Asian-Australian monsoon area that documents a rainfall distribution that distinctly violates the**
17 **expected pattern. Our synthesis instead documents a synchronous retreat of the East Asian**
18 **Summer Monsoon and the Australian Summer Monsoon into the tropics during the Little Ice**
19 **Age, a pattern supported by the results of our climate model simulation of tropical precipitation**
20 **over the past millennium. We suggest that this pattern over the western Pacific is best explained**
21 **by a contraction in the latitudinal range over which the intertropical convergence zone seasonally**
22 **migrates during the Little Ice Age. We therefore propose that rather than a strict north-south**
23 **migration, the intertropical convergence zone in this region may instead expand and contract**
24 **over decadal to centennial timescales in response to external forcing.**

25
26 Tropical rainfall varies in association with the seasonal migrations of the
27 circum-global intertropical convergence zone (ITCZ) and the closely related
28 monsoonal land-sea coupled systems. On millennial to orbital timescales, both
29 paleoclimate proxy research and climate modelling have suggested that the
30 precipitation in the tropical and subtropical monsoon areas varies in parallel with
31 latitudinal migration of the ITCZ, being characterized by opposing variations in the
32 two hemispheres¹⁻⁵. With southward migration of the ITCZ, the precipitation in
33 Northern Hemisphere summer monsoon area decreases while the precipitation in the
34 Southern Hemisphere summer monsoon area increases; and vice versa. Climate
35 models suggest that the millennial to orbital timescales migration of the mean annual
36 position of the ITCZ is related to changes in Northern Hemisphere high-latitude
37 climate, the Atlantic meridional overturning circulation and the asymmetrical
38 insolation input between hemispheres^{1-4,9}. A southward migration of the ITCZ occurs

39 when the North Atlantic region is relatively cold due to enhanced high-latitude ice
40 cover and a slowdown of the Atlantic meridional overturning circulation¹⁻³.
41 Conversely, a northward migration of the ITCZ mean position is usually driven by the
42 increased Northern Hemisphere insolation input relative to the Southern
43 Hemisphere^{2,4,9}.

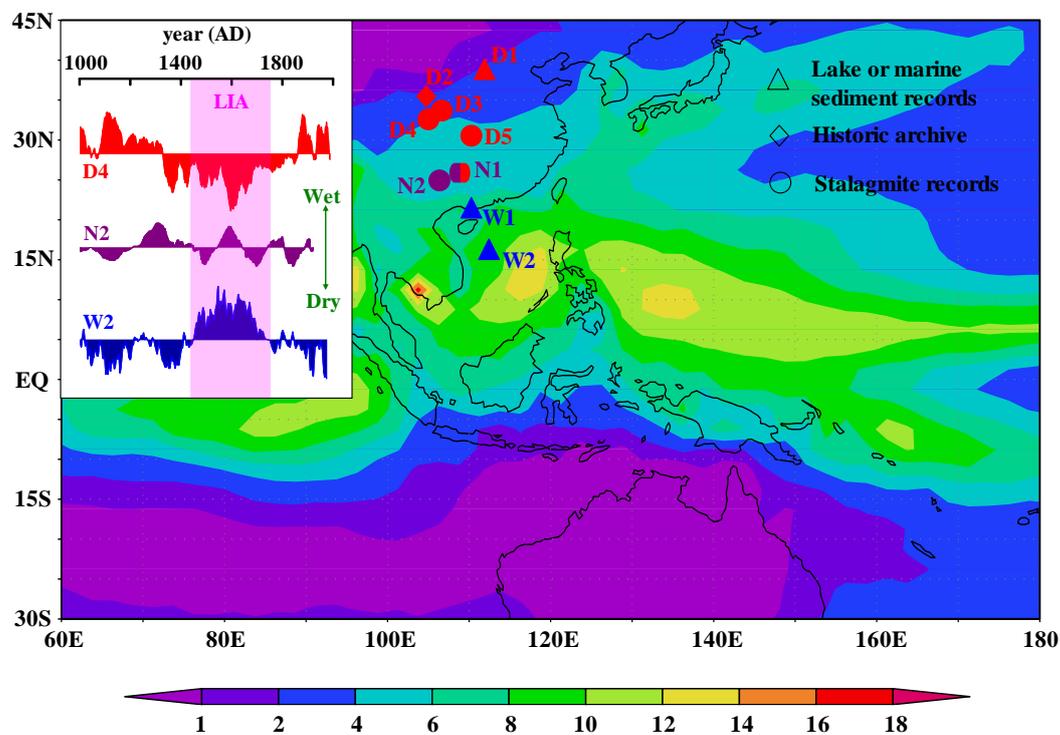
44 The dynamical variation of the ITCZ rainbelt has also been considered the main
45 factor for centennial timescale hydrologic changes in tropical areas over the last
46 millennium^{6,7}. A large body of paleo-proxy evidence suggests that during the
47 relatively cold Little Ice Age period (LIA, ~AD 1400-1850), regions located at the
48 northern limit of the ITCZ rainbelt, including the pan-Caribbean region^{9,10}, became
49 drier relative to both the warm Medieval Climate Anomaly period (MCA, ~ AD
50 800-1300) and the most recent 150 years, pointing to a possible southward shift of the
51 ITCZ^{6,7}. Meanwhile, some hydrological records from the southern boundary of the
52 ITCZ that reflect a wetter LIA are also evidence in supported of southward migration
53 of the ITCZ mean position^{6,11,12}.

54 Although a similar/parallel southward migration of ITCZ has been described
55 during the LIA in open ocean areas of the Pacific⁷, the pattern of change for the west
56 Pacific marine- continental ITCZ remains less well established⁸. In this study, we
57 synthesized high-resolution paleo-hydrology records from the East Asian-Australian
58 summer monsoon regions during the past millennium to test the variation pattern of
59 the west Pacific ITCZ. Surprisingly, we found that the west Pacific region has yielded
60 a precipitation distribution pattern in contradiction of what would normally be
61 predicted from the southward shift of the ITCZ mean position during the LIA. Instead
62 of the expected pattern, both the EASM and the ASM retreated synchronously during
63 the LIA and the core precipitation zones converged more narrowly within the tropics.

64 **Paleo-hydrology records from the EASM area**

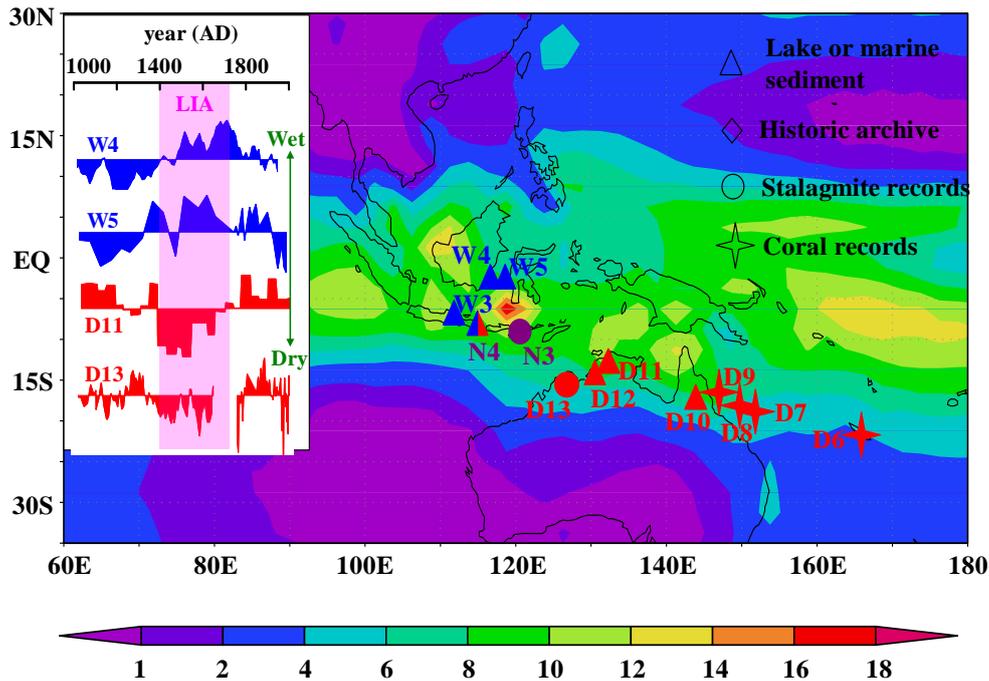
65 Many studies, including those utilizing speleothem records^{2,13-16}, lake sediment
66 records^{8,17-19} and historical documentary records²⁰, have focused on describing the
67 hydrological changes in EASM area over the last millennium, with the results
68 showing obvious regional differences (Fig. 1, Fig. s1 and s2). The paleo-hydrology
69 records from the northern limit of the EASM, including a lake sediment record (D1)¹⁸,
70 a historical archive record (D2)²⁰ and two stalagmite records (D3 and D4)^{13,14}, show
71 similar variations over the last millennium and indicate that this region was hard hit
72 by droughts during LIA relative to MCA and the last 150 years (Fig.1, Fig. 3 and Fig.
73 s1). Conversely, lake sediment records from the southern coast of China (W2 in Fig.1
74 and Fig. s2)^{17,19} and the northern South China Sea (W3 in Fig.1 and Fig. s2)⁸ display a
75 clear wet condition during the LIA relative to the MCA and the last 150 years. At the
76 same time, the hydrological records located between these two regions reveal a
77 gradual transition from dry to wet. The speleothem record (D5 in Fig.1 and Fig. s1)¹⁵
78 from central China reveals a moderate drought during the LIA while similar records
79 (N1 and N2 in Fig.1 and Fig. s2)^{2,16} from southwest China, located near the

80 transitional zone, show no significant difference between the LIA and the MCA. The
 81 spatial differences from north to south across China point to a probable retreat of the
 82 EASM during the LIA. This retreat led to reduced northward transport of monsoon
 83 moisture, a contracted core zone of precipitation, a relatively dry condition near the
 84 modern northern limit of the EASM and more precipitation in southern China during
 85 the LIA.



86

87 **Figure 1** Pattern of rainfall within the EASM region during LIA. The background contours
 88 show summer mean precipitation (from June to October, mm/day) in the EASM area as
 89 derived from NCEP reanalysis2 from January 1979 to December 2010. Locations of
 90 proxy-hydrology records in the EASM area are indicated: D1¹⁸, D2²⁰, D3¹³, D4¹⁴, D5¹⁵, N1²,
 91 N2¹⁶, W1^{17,19} and W2⁸. Locations that were dry, without apparent change and wet during the
 92 LIA relative to the MCA/recent 150 years are marked in red, purple and blue, respectively.
 93 The three hydrologic conditions are objectively defined by the Relative Wet Index and t-test
 94 (see method for details).



95

96 **Figure 2** Pattern of rainfall within the ASM region during LIA. The background contours
 97 show summer mean precipitation (from December to February, mm/day) in the ASM area
 98 derived from NCEP reanalysis2 from January 1979 to December 2010. Locations of
 99 proxy-hydrology records in the ASM area are also indicated: D6^{25,26}, D7²⁷, D8²⁴, D9²³,
 100 D10^{28,29}, D11²¹, D12²¹, D13²², N3³¹, N4³², W3³⁰, W4¹¹ and W5^{6,12}. Locations that were dry,
 101 without apparent change and wet during the LIA relative to the MCA/recent 150 years are
 102 marked in red, purple and blue, respectively.

103

104 Paleo-hydrology records from the ASM area

105 Hydrological variations in the ASM area over the last millennium are less well
 106 established than those in the EASM area, but the retreat of the ASM during the LIA is
 107 still evident (Fig. 2, Fig s3, s4 and s5). The 1000-year long fluvial sedimentary
 108 records from the floodplain of Daly River (D11 in Fig.2)²¹ and the Magela Creek
 109 Flood Plain (D12 in Fig. 2 and Fig. s3)²¹ in the ‘Top End’ area of the Australia suggest
 110 a reduced river discharge and dry conditions in this region during the LIA. Meanwhile,
 111 a nearby speleothem record provides further confirmation of dry conditions in tropical
 112 northwestern Australia during AD 1400-1700 (D13 in Fig. 2 and Fig. s3)²². The more
 113 positive stalagmite $\delta^{18}\text{O}$ during the LIA relative to the MCA and the recent 150 years
 114 has been interpreted as indicating less precipitation in this region²².

115 The multi-proxy records from northeastern Australia also indicate dry conditions
 116 during the LIA (Fig. s3 and Fig. s4). The northeast tropical Queensland river flow and
 117 rainfall reconstruction derived from Great Barrier Reef coral luminescence studies
 118 (D9)²³ clearly show less precipitation during the LIA than during the 20th century.
 119 Meanwhile, all three seawater $\delta^{18}\text{O}$ records derived from coral $\delta^{18}\text{O}$ and Sr/Ca in
 120 Great Barrier Reef (D8)²⁴, New Caledonia (D6)^{25,26} and Flinders Reef (D7)²⁷ exhibit

121 more positive values (consistent with dry conditions) during the LIA compared to the
122 20th century. The dry LIA in northeastern tropical Australia has recently been further
123 confirmed by two new peat humification records from Queensland (D10 in Fig. 2 and
124 Fig. s3), which document clearly that dry conditions prevailed during the LIA^{28,29}.
125 These records, together with the fluvial sedimentary and speleothem records from
126 tropical western Australia, indicate that dry conditions probably covered the whole
127 tropical Australian continent during the LIA.

128 In contrast to the drier conditions in northern Australia, several paleo-hydrology
129 records from the Indo-Pacific Warm Pool region, including the organic matter $\delta^{13}\text{C}$
130 record of lake sediment from Java (W3)³⁰, a leaf wax δD record from Makassar
131 Strait (W4)¹¹ and the sea surface salinity record derived from $\delta^{18}\text{O}$ and Mg/Ca of
132 planktonic foraminifera from Makassar Strait (W5)^{6,12}, consistently suggest more
133 precipitation and wetter conditions during the LIA than that during the MCA/last 150
134 years (Fig. 2 and Fig. s5). However, some hydrological records from southern
135 Indonesia, located between the Warm-pool and northern Australia, show no clear dry
136 or wet conditions during the LIA³¹⁻³⁴. For example, the stalagmite $\delta^{18}\text{O}$ record from
137 southern Indonesia shows no apparent difference between the LIA and the MCA or
138 most recent 150 years (N3 in Fig. 2 and Fig. s5)³¹, while the δD of terrestrial plant
139 wax indicates that rainfall has steadily increased in East Java over the last millennium
140 (N4)³².

141 The general pattern of increased precipitation (LIA relative to MCA/recent 150
142 years) from the northern Australia to Indo-Pacific warm pool area is similar to that
143 observed in the EASM area, and also consistent with a weakened ASM during the
144 LIA.

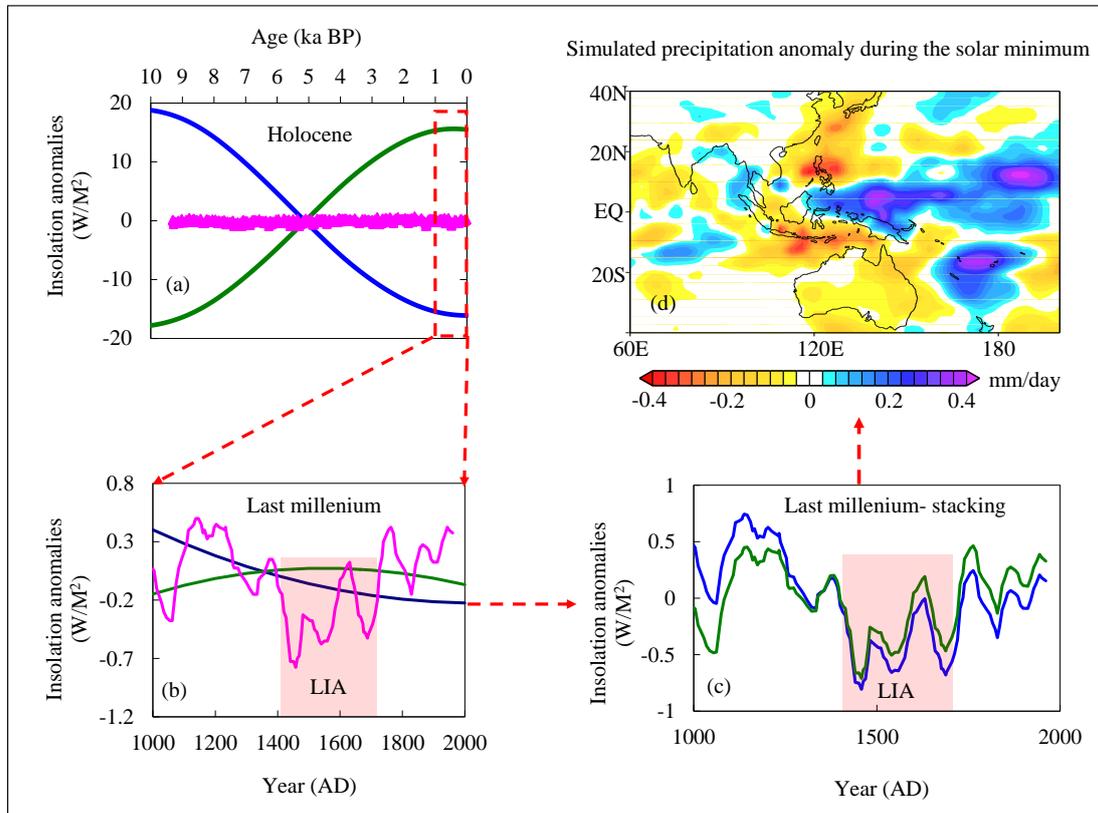
145

146 **Empirical Explanation and Climate Modelling**

147 The observed dry condition in the northern Australia monsoon area during the LIA
148 argues against the established southward ITCZ migration hypothesis in the west
149 Pacific region. It follows that the ITCZ migration theory, which was mainly proposed
150 to explain millennial to orbital scale tropical hydrological changes^{1-4,9}, does not
151 explain the documented decadal to centennial scale hydrological variations that
152 occurred over the western Pacific region during the last millennium. Instead, we
153 propose the alternative and more physically plausible hypothesis that a contraction of
154 the ITCZ/monsoon zones during the LIA within the western Pacific, accompanied by
155 a synchronized retreat of both the EASM and the ASM (Fig. s6 and Fig. s7).

156 Meanwhile, although the driving force of ITCZ migration on millennial to orbital
157 timescale has been well described^{1-4,9}, the mechanism of the ITCZ dynamics on a
158 decadal-centennial scale (e.g. the southward migration proposed for LIA⁷) remains
159 unclear^{7,8,35}. For example, a 5° southward ITCZ shift during LIA was proposed by one
160 previous study⁷, but the possible forcing factors for ITCZ migration, such as the
161 freshwater forcing initiated around the North Atlantic Ocean and orbitally-driven

162 asymmetrical insolation input between hemispheres (Fig. 3b, 3c), did not show
 163 marked changes during the LIA. In addition, a recent constraint suggests that a 5°
 164 southward shift would implicate a large cross-equatorial atmospheric heat transport of
 165 1.7 PW and an inter-hemispheric tropical SST gradient (i.e., 0-20°N minus 0-20°S) of
 166 1.5 to 3.7 K, yet neither of which has been detected³⁵.



167

168 **Figure 3 Forcing and modeling results.** Solar forcing representing the solar output (pink)^{37,38}
 169 and orbital parameters (blue and green lines are the July and January insolation at 23.5°N
 170 and 23.5°S, respectively)³⁶ during the Holocene (a, orbital changes dominating) and past
 171 millennium (b, solar output dominating). (c): total solar forcing of the 23.5°N (blue) and the
 172 23.5°S (green) has been calculated by adding up the changes of the solar output and orbital
 173 parameters. (d): The simulated annual mean precipitation anomaly during the late solar
 174 Maunder minimum phase (AD 1690-1740) of the LIA with reference to the long-term mean
 175 (AD 1000-1800) in a MPI-ESM last millennial simulation⁴².

176 Solar insolation on the earth depends not only on the orbital parameters³⁶ but also
 177 on the direct irradiance variations of the sun³⁷. The precessional cycles of the
 178 equinoxes of Earth-Sun orbit have been demonstrated to be the most important orbital
 179 parameters that are linked with tropical hydrological changes. The precessional
 180 forcing has a non-linear impact on the insolation budget and usually produces
 181 opposite insolation variations, and anti-symmetric forcing, between the Northern and
 182 Southern Hemisphere (Fig. 3)³⁶, and thus changes the mean position of the global
 183 ITCZ through the inter-hemispheric insolation and thermal gradients that are
 184 established. In contrast to the precessional forcing, the intrinsic changes of solar

185 irradiance are symmetrical and hence produce a synchronized forcing on both
186 hemispheres³⁷. On the orbital timescale, the amplitude of insolation change caused by
187 fluctuations of the orbital precessional cycle is much larger than that induced by
188 variations in solar output (Fig. 3a)^{36,38}. For this reason, the ITCZ is expected to
189 migrate north-south in phase with the changing inter-hemispheric insolation gradients.
190 However, this situation reversed over the last millennium, during which period the
191 insolation variation caused by orbital change became much smaller than that caused
192 by fluctuations in direct solar irradiance (Fig. 3b and Fig. s8)^{36,37}. The small
193 variability of asymmetrical orbital insolation forcing during the last millennium seems
194 too inadequate to cause large meridional migration of the ITCZ mean position during
195 the LIA.

196 When adding the changes from both orbital parameters and solar irradiance, we
197 have found that the insolation in the Northern and Southern Hemispheres shows a
198 similar variation pattern over the last millennium, with a decreased insolation during
199 the LIA relative to the MCA/ last 150 year intervals (Fig. 3c and Fig. s8). Such
200 hemispherically symmetric forcing from intrinsic solar irradiance probably
201 contributed to the synchronized retreats of both the EASM and the ASM during the
202 LIA. On the other hand, large volcanic eruptions (i.e., especially frequent and
203 persistent volcanic activity around the tropical western Pacific region³⁹), may also
204 yield symmetrical forcing between two hemispheres and could therefore also help to
205 drive contractions of the monsoon/ITCZ belts. For example, some strong volcanic
206 eruptions have been detected during the LIA (i.e., coinciding with the Maunder
207 Minimum and Dalton Minimum)^{39,40}.

208 Our proposal of a contracted monsoon-ITCZ in the Western Pacific region is also
209 supported by published investigations of global monsoon precipitation in response to
210 natural and anthropogenic forcings in the last millennium, based upon simulations
211 with the coupled ocean-atmosphere model ECHO-G⁴⁰. The simulated results suggest a
212 symmetrical decrease in monsoon precipitation in both hemispheres during the LIA
213 (see ref⁴⁰ for details) with the three weakest periods around 1460, 1685, and 1800
214 (which respectively correspond to the deepest parts of the Spörer Minimum, Maunder
215 Minimum, and Dalton Minimum intervals of reduced irradiance)⁴⁰, while the global
216 monsoon strengthened nearly everywhere in the continental monsoon regions during
217 the modeled MCA interval⁴⁰. In addition, the simulated precipitation increases in
218 tropical Indonesia and rainfall decreases in northern Australia during the solar minima
219 were also demonstrated in a recent idealized solar sensitivity experiment using the
220 coupled climate model CCSM3⁴¹.

221 In order to analyze the impact of solar activity on tropical precipitation over the
222 last millennium independently, we have also deployed the Coupled Model
223 Intercomparison Project Phase 5 (CMIP5) style model from the Max Planck Institute
224 Earth System Model (MPI-ESM) millennium simulation (see supplementary materials
225 for details), using only solar variability as external forcing⁴². The model results (Fig.
226 3d), which show decreased precipitation in west Pacific subtropical monsoon area of
227 both hemispheres and more rainfall in equatorial area during the periods of low solar

228 activity, offer hints in support our proposal of a contracted monsoon/ITCZ in west
229 Pacific during the LIA (Fig. 3d and Fig. s9).

230 The simulated reduced global monsoon precipitation during the LIA was
231 primarily attributed to reduced solar irradiance by Liu et al (2009). Our own
232 simulation independently confirmed this result (Fig. s9). Changes in the total amount
233 of effective shortwave radiative forcing (i.e., including short-term pulses of forcing
234 from globally influential volcanic eruptions) can reinforce the thermal contrast
235 between the continent and ocean (Table 3 in ref⁴⁰), thereby resulting in the centennial
236 scale variations in the global monsoon strength⁴⁰. Land has a much smaller heat
237 capacity than ocean. When the effective radiative flux increases during the local
238 summer, the land warming is much stronger than the warming of adjacent ocean and
239 thus the thermal contrast between continent and ocean gets reinforced⁴⁰. This
240 increased thermal contrast further enhances the pressure differences between land
241 monsoon regions and the surrounding oceans (Table 3 in ref⁴⁰) and therefore
242 strengthens the monsoon circulation and its associated rainfall⁴⁰. A decrease in
243 irradiance during the LIA, plus the unique land-sea distribution in the west Pacific
244 region, would thus produce the decreased seasonal extremes of the monsoon moisture
245 transport and the consequent contraction of the west Pacific monsoon/ITCZ.

246 It is worth noting that the model results also implied an increased zonal
247 precipitation contrast between east and west tropical Pacific during the LIA (Fig. s9
248 and ref⁴⁰), which would probably manifest itself as an enhanced Pacific Walker
249 circulation. Although some temperature reconstructions proposed an El Nino-like SST
250 pattern in tropical Pacific during the LIA^{43,44}, the hydrological studies, based upon
251 either proxy records^{8,11,12,45} or model simulations⁴⁶, present a clear strengthening of
252 Pacific Walker circulation during the LIA, which should result in more precipitation
253 in the Indo-Pacific warm-fresh pool region (see SI for further discussion). That is to
254 say, the scenario of a contracted western Pacific monsoon/ITCZ and an enhanced
255 Pacific Walker circulation probably co-existed during the LIA interval, with both
256 mechanisms contributing extra precipitation to the warm pool region.

257 Our main findings highlight the difficulty of applying the conventional
258 interpretation of ITCZ migration to explain the hydrological changes in the East
259 Asian-Australian monsoon area that are known to have occurred during the last
260 millennium. It remains the case, however, that the detailed position of the west Pacific
261 monsoon/ITCZ during the LIA, the range of the ITCZ-monsoonal meridional
262 contraction (locally or globally) and the mechanism of the contractions that have
263 occurred are still not fully understood. Developing an enhanced understanding of this
264 topic requires the collection of additional high-resolution paleo-hydrology proxy data,
265 and the application of insightful and focused climate modeling studies.

266

267 **Methods**

268 **Definition of the MCA and LIA**

269 To investigate the hydrologic changes between the MCA and the LIA, we have defined these terms as
270 represented by distinct three-century-long intervals. The medieval interval, which is usually defined
271 from AD 800 to 1300 in previous studies⁴⁷, has here been defined from AD 1000 to 1300 because we
272 mainly focused on the past millennium. Correspondingly, a three-century-long LIA has been defined
273 from AD 1400 to 1700 based on the minimum of the solar activity³⁷. The Welch's t-test result suggested
274 a significant difference in solar irradiance forcing between AD 1400-1700 and AD 1000-1300.

275

276 **Dry/wet conditions between LIA and MCA/recent 150 years**

277 Proxy records from the Asia- western Pacific- Australia monsoon areas were selected to investigate the
278 hydrological changes between the LIA and the MCA/recent 150 years based on three main criteria.
279 First, the temporal resolution of the data is better than 50 years and sufficient to distinguish among the
280 MCA- LIA- recent 150 years intervals. Second, the dating error of the record is less than 100 years.
281 Third, the proxy record has been used to reflect precipitation/humidity/monsoon variation in the
282 original reference. Both the Relative Wet Index (RWI) and t-test were used to define and compare the
283 dry/wet conditions between the LIA and the MCA/recent 150 years. The RWI and t-test were
284 performed as following:

285 RWI: The RWI between the LIA and the MCA for each proxy record was defined by calculating the
286 $RWI = (\text{mean value during the LIA} - \text{mean value during the MCA}) / \text{the standard deviation}$. This
287 method is also used to calculate the RWI between the LIA and the most recent 150 years. The time
288 spans of the four coral records were too short to calculate the RWI between the LIA and the MCA.
289 Thus we only calculated the RWI between the LIA and the most recent 150 years, the RWI being
290 modified as $RWI = (\text{mean value before AD 1850} - \text{mean value after AD 1850}) / \text{the standard deviation}$.
291 Before the calculation, the resolution of each proxy record was adjusted to one year using linear
292 interpolation. The calculated RWI values are given in Table s1.

293 t-test: The significance of the difference between the LIA and the MCA/recent 150 years for each
294 hydrological series was evaluated by applying an unpaired Welch's t-test, which does not require equal
295 variance. Before the calculation, the effective sample size of the t-test was adjusted following the
296 method in Trenberth (1984)⁴⁸ and Bretherton et al (1999)⁴⁹ (see the next section, Correlation analysis,
297 for details). The calculated p values are displayed in Table s1. A p value less than 0.05 is considered
298 statistically significant. As seen in Table s1, among the significant differences ($p < 0.05$), only two p
299 values are about 0.02 and the rest are < 0.01 . Thus, our results are statistically of high significance.

300 If the RWI between the LIA and the MCA is greater than 50% and the p value of the t-test is less than
301 0.05, a wet LIA relative to the MCA is defined. If the RWI between the LIA and the MCA is less than -
302 50% and the p value of the t-test is less than 0.05, then a dry LIA relative to the MCA is defined. If the
303 p value of the t-test is more than 0.05 or the RWI between the LIA and the MCA is between - 50% and
304 50%, no apparent precipitation change is defined between the LIA and the MCA. This method was also
305 used to define the dry/wet conditions between the LIA and the recent 150 years. Locations that were
306 dry, had no apparent change or were wet during the LIA relative to the MCA/recent 150 years are
307 coloured red, purple and blue in all map figures, respectively. If the dry/wet condition between the LIA
308 and the MCA is different from the dry/wet condition between the LIA and the most recent 150 years,
309 then a combined colour is used. For example, the record N1 has a no apparent change during the LIA
310 relative to the MCA and a dry LIA relative to the most recent 150 years. Thus N1's label has purple left
311 and red right.

312 Correlation analysis

313 For two time series, X and Y, Pearson correlation coefficient r_{xy} was calculated as

$$314 \quad r_{xy} = \frac{\sum_{i=1}^n (x_i - \bar{x})(y_i - \bar{y})}{(n-1)s_x s_y}$$

315 Where n is the sample number, \bar{x} and \bar{y} are the sample means of X and Y, and S_x and S_y are the
316 sample standard deviation of X and Y. For two time series (X and Y) with smoothing, we have to
317 consider and adjust the autocorrelation in X and Y by using effective sample size or effective number
318 of independence values. Following Trenberth (1984)⁴⁸ and Bretherton et al (1999)⁴⁹, we first calculated
319 τ , the time between independent values (or the time to obtain a new degree of freedom) according to
320 the following equation⁵⁰:

$$321 \quad \tau = 1 + 2 \sum_{l=1}^{(n-1)} r_{xl} r_{yl}$$

322 Where r_{xl} and r_{yl} are the autocorrelation at lag l for X and Y. The effective number of independence
323 values was calculated as $n_{eff} = n / \tau$, and the student t-value for assessing significance was calculated
324 as

$$325 \quad t = \frac{r_{xy} \sqrt{n_{eff} - 2}}{\sqrt{(1 - r_{xy}^2)}}$$

326 Competing financial interests

327 The authors declare no competing financial interests

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